



# Shropshire Contenance Prescribing Guide

December 2017 Review date December 2020

This document forms part of a suite of documents used to provide continence care in line with NICE guidance across NHS Shropshire and has been developed with input from primary care and secondary care health care professionals. A comprehensive continence assessment is required before considering any continence appliance; the emphasis should be on appropriate treatment.

Product selection should be made to meet patient needs on an individual basis as not all products are suitable for all. Ensure catheterisation is used as a last resort and only when at least one of the following have been met.

1. Pre/post-operative surgery
2. Monitoring renal function hourly during critical illness
3. Chronic urinary retention, only if symptomatic and/ or renal compromise
4. Acute urinary retention
5. Allowing bladder irrigation/lavage
6. Bypassing an obstruction
7. For investigative purposes such as urodynamics
8. Instillation of medication e.g. chemotherapy
9. Where it is viewed as “better” for the patient to use a catheter, such as end of life care, disability, unfit for surgery.

Nurses must remember that the risks associated with catheter usage are of a serious nature that increasingly may become more difficult to justify (RCN 2012).

This formulary provides guidance to prescribers for first line products only and is not intended to restrict patient choice. Guidance on quantities is provided to prevent over ordering of products.



**GP Practices should not issue prescriptions retrospectively for any Dispensing Appliance Contractor (DAC)**

- Prices correct as of July 2015 from Drug Tariff appear throughout this document.

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Acknowledgement is made to PresQIPP Continence and Stoma Guide 2013

## Dressing Pack

### 1. Dressing Pack

Supplier	Product	Size	Pack Size	Price Per Item	Manufacturers Code	Usual Quantity
	Dressing pack Dressit S/M Dressit M/L			60p		One per catheterisation

## Anaesthetic Lubricant

- Lining of the urethra and subsequent risk of possible urethra damage.
- It can facilitate pain free insertion.
- Help reduce the risk of associated infection.
- One to be used at each catheter change.
- Order in singles- Instillagel® 6mls female, 11mls male
- Licensed for supra pubic use where appropriate 6ml to be used.

### 2. Instillagel

Supplier	Product	Size	Pack Size	Price Per Item	Manufacturers Code	Usual Quantity
Clinimed	Instillagel* (Lidocaine 2% and chlorhexidine 0.25% gel)	6ml F	1	£1.40		One per catheterisation
		11ml M	1	£1.57		One per catheterisation

Supplier	Product	Size	Pack Size	Price Per Item	Manufacturers Code	Usual Quantity
Optimum Medical	Optilube	6ml	1	£0.90	1160	One per catheterisation
		11ml	1	£0.95	1161	One per catheterisation

If patient is allergic to Lignocaine use Cathejell Mono as below

Supplier	Product	Size	Pack Size	Price Per Item	Manufacturers Code	Usual Quantity
Teleflex	Cathejell mono (plain water based gel, no antiseptic properties)	8.5ml	1	£0.80		One per catheterisation
		12.5ml	1	£0.85		One per catheterisation

## Urinary Catheters

- Please refer to Shropshire Community Health NHS Trust Indwelling Catheterisation Policy. <http://www.shropscommunityhealth.nhs.uk/content/doclib/11075.pdf>
- National alerts have recommend that great care in taken when using female length catheters as they are only to be used for female patients following thorough assessment documenting the clinical rationale. This is to reduce the risk of trauma associated with female catheter insertion into a male patient.
- If female catheters are to be used then the clinical assessment should be documented in patient care plan by the health professional undertaking the assessment.
- Patient assessment, monitoring and on-going support is essential to prevent urinary tract infections and improve quality of life for those patients who have a urinary catheter.
- Aim to remove catheter as soon as possible following insertion.
- Aim to use the smallest size that provides adequate drainage to avoid problems e.g. bypassing
- Select the correct length and type of catheter:  
Standard/male - for males/females and suitable for suprapubic catheterisation.
- Use 10ml balloon, this represents the amount of sterile water required to fully inflate the balloon. Under inflation can distort the angle of the catheter tip, causing bladder spasm.
- Choice of product depends upon:  
1. Assessment/diagnosis 2. Patient choice 3. Local guidelines
- If problems persist i.e. frequent re-catheterisations, bypassing, blocking contact the community continence service for advice/support.

## Types of Catheters - Long term (up to twelve weeks)

- **A prescription must be generated and authorised by the prescriber prior to any ordering/delivery of catheters, this will prevent excessive ordering, both quantity and frequency.**
- Packaged in single units.
- Prescribe two initially and from then on only one to be prescribed at a time.
- **Individual catheters should only be prescribed to act as a backup should contamination of the catheter within the catheterisation tray occur.**
- Catheters listed are licensed for both urethral/supra pubic.
- If catheter life is less than four weeks, i.e. requiring recurrent re-catheterisation, consider a short term catheter and refer to your local continence service for advice.

**3. Teleflex Sympacath Aquaflate Hydrogel coated latex catheter** (includes empty syringe for deflation of previous catheter and a syringe prefilled with sterile water).

Supplier	Product	Size	Pack Size	Price Per Item	Manufacturers Code	Usual quantity	Review Period
Teleflex	Sympacath Aquaflate Female	12fg	1	£6.12	DH210112	1	12 weeks
		14fg			DH210114		
		16fg			DH210116		
		18fg			DH210112		
	Sympacath Aquaflate Male	12fg	1	£6.12	DH310112		
		14fg			DH310114		
		16fg			DH310116		
		18fg			DH310118		

**4. Teleflex Brillant Aquaflate All Silicone catheter** (includes empty syringe for deflation of previous catheter and a syringe prefilled with sterile water)

Supplier	Product	Size	Pack Size	Price Per Item	Manufacturers Code	Usual Quantity	Review Period
Teleflex	Brillant Aquaflate Female	12fg	1	£6.00	DA210112	1	12 Weeks
		14fg			DA210114		
		16fg			DA210116		
		18fg			DA210118		
		20fg			DA210120		
	Brillant Aquaflate Male	12fg	1	£6.00	DA310112		
		14fg			DA310114		
		16fg			DA310116		
		18fg			DA310118		
		20fg			DA310120		

### Types of Catheters –Short Term (up to four weeks)

- A prescription must be generated and authorised by the prescriber prior to any ordering/delivery of catheters, this will prevent excessive ordering, both quantity and frequency.
- Individual catheters should only be prescribed to act as a backup should contamination of the catheter within the catheterisation tray occur.
- Packaged in single units.
- Prescribe two initially and from then on only one to be prescribed at a time
- Catheters listed are licensed for both urethral/supra pubic.
- PTFE Coated latex (Polytetrafluoroethylene).

**5. Teleflex Aquaflate All PTFE Coated latex foley catheter** (includes empty syringe for deflation of previous catheter and a syringe prefilled with sterile water).

Supplier	Brand	Size	Pack Size	Price Per Item	Manufacturers Code	Usual Quantity	Review Period
Teleflex	PTFE Aquaflate Female	12fg	1	£2.16	DP210112	1	1 every 4 weeks
		14fg			DP210114		
		16fg			DP210116		
		18fg			DP210118		
		20fg			DP210120		
	PTFE Aquaflate Male	12fg	1	£2.16	DP310112	1	1 every 4 weeks
		14fg			DP310114		
		16fg			DP310116		
		18fg			DP310118		
		20fg			DP310120		

**Catheters with Restricted use: SPECIAL REQUESTS ONLY**

**6. Bard Bardex I.C.** standard length catheter (with silver alloy coating and a pre-filled syringe of sterile water.)

This catheter is impregnated with silver which works by inhibiting bacterial growth, is a short term catheter and requires changing every 28 days. This catheter can be used in consultation with a Continence Specialist Nurse for patients with

- Recurrent urinary infection
- Regular catheter blocking
- Under consultant request

Supplier	Product	Size	Pack	Price	Code	Usual quantity	Review Period
Bard	Bardex I.C. catheter with pre-filled syringe of sterile water (as spare)	12fg	1	£9.49	D236512S	1	4 weeks
		14fg			D236514S		
		16fg			D236516S		

## 7. Coloplast Folsil Open Ended Silicone Catheter

May offer an alternative for those patients experiencing problems with repeated bypassing and blockage. There is no tip to the end of this catheter creating an additional drainage channel. Catheter . These catheters last 12 weeks days.

Supplier	Product	Size	Pack	Price	Code	Usual Quantity	Review Period
Coloplast	Coloplast Folsil Open Ended Silicone catheter	12fg	1	£6.13	AA8C12	1	12 weeks
		14fg			AA8C14		
		16fg			AA8C16		

## Intermittent catheters (ISC)

- These are suitable for patients with incomplete bladder emptying e.g. neurogenic bladder disorders, patients with multiple sclerosis, spina bifida, diabetes and spinal cord injury.
- These catheters are for single use only.
- Patient needs good dexterity and cognitive ability.
- Help to reduce catheter-associated urinary tract infections (CAUTI).
- How many a patient uses a day depends on their medical reason for ISC ranging from 1 to 5 times daily.
- All patients to be managed by the Specialist Continence Team.

## 8. Coloplast Speedicath Sterile hydrophilic-coated catheter (30 per pack)

Supplier	Product	Size	Pack Size	Price Per Item	Code	Usual quantity	Review Period
Coloplast	Speedicath Hydrophilic in Saline Male	8fg	30	£1.48	28408	1-6 depending on clinical need	As required
		10fg			28410		
		12fg			28412		
		14fg			28414		
		16fg			28416		
		18fg			28418		
	Speedicath Hydrophilic in Saline Female	8fg	30	£1.48	28508	1-6 depending on clinical need	As required
		10fg			28510		
		12fg			28512		
		14fg			28514		
		16fg			28516		

### 9. Coloplast SpeediCath Compact Female (30 per pack)

Supplier	Brand	Size	Pack Size	Price Per Item	Code	Usual Quantity	Review period
Coloplast	Speedicath Compact Female	8fg	30	£1.50	28578	1-6 depending on clinical need	As Required
		10fg			28570		
		12fg			28572		
		14fg			28574		

### 10. Coloplast Speedicath Compact Plus Female (30 per pack)

Supplier	Brand	Size	Pack Size	Price per Item	Code	Usual Quantity	Review Period
Coloplast	Speedicath Compact Plus Female	10fg	30	£158	28810	1-6 depending on clinical need	As required
		12fg			28812		
		14fg			28812		

### 11. Coloplast Speedibag Compact

Supplier	Product	Pack	Price	Code	Usual Quantity	Review Period
Coloplast	Speedibag Compact	30	£0.67	28592	1-6 depending on clinical need	As requested

### 12. Coloplast SpeediCath Control (Male) (30 per pack)

Supplier	Product	Pack	Price	Code	Usual Quantity	Review Period
Coloplast	Speedicath Control Male	12/16fg	£1.50	28212	1-6 depending on clinical need	As required



**13. B Braun Hi-Lite Catheter**  
**Intermittent Self Catheter Pre-Lubricated with Gel**

Supplier	Product	Size	Pack	Price	Code	Usual Quantity	Review Period
BBraun	Actreen Hi-LiteCatheter Male		30	£1.48		1-6 depending on clinical need	As requested
		10fg			238210		
		12fg			238212		
		14fg			238214		
		16fg			238216		
	Actreen Hi-LiteCatheter Female		30	£1.49		1-6 depending on clinical need	As requested
		8fg			238308		
		10fg			238310		
		12fg			238312		
		14fg			238314		
		16fg			238316		

**14. B Braun Actreen Mini Cath**  
 These products are coated in glycerine and do not have a bag attached

Supplier	Product	Size	Pack	Price	Code	Usual Quantity	Review Period
BBraun	Actreen Mini Cath	10fg	30	£1.44	228010E	1-6 depending on clinical need	As required
		12fg			228012E		
		14fg			228014E		

**15. B Braun Actreen Mini Set**

These items are coated in glycerine and have bags attached and for female use only.

Supplier	Product	Size	Pack	Price	Code	Usual Quantity	Review Period
BBraun	Actreen Mini-Set	10fg	30	£2.25	239010E	1-6 depending on clinical need	As required
		12fg			239012E		
		14fg			239014E		

## 16. B Braun Hi-Lite Set Male/Female

These items are coated in glycerine available in lengths for both men and women—the set comes with the attached bags.

Supplier	Product	Size	Pack	Price	Code	Usual Quantity	Review Period
BBraun	Hi-LiteSet Male	12fg	30	£2.46	242212	1-6 depending on clinical need	As required
		14fg			242214		
		16fg			242216		
	Hi-LiteSet Female	10fg	30	£2.46	242210	1-6 depending on clinical need	As required
		12fg			242212		
		14fg			242214		
		16fg			242216		

## 17. Hollister VaPro Hydrophilic Catheter with integrated hydrating vapour strip Male

Supplier	Product	Size	Pack	Price	Code	Usual Quantity	Review Period
Hollister	Hollister VaPro Hydrophilic Catheter with integrated hydrating vapour strip Male	10fg	30	£1.70	72104	1-6 depending on clinical need	As required
		12fg			72124		
		14fg			72144		

## Catheter Valves

- For use with indwelling catheters only.
- Their use helps to imitate normal bladder function by allowing the bladder to fill and empty, maintaining normal capacity and tone and is a discrete alternative to drainage bags.
- They allow the catheter balloon to be lifted from the bladder wall decreasing the risk of bladder wall erosion and trauma to the bladder neck. (Addison 2001)
- To be used 2-3 weeks prior to trial without catheter to regain bladder function and tone.
- Catheter valves should be changed every 5-7 days.

**No more than one packet (5) should be prescribed every month**

## Contradictions

- |                            |                              |
|----------------------------|------------------------------|
| • Reduced bladder capacity | • Poor manual dexterity      |
| • No bladder sensation     | • Renal impairment           |
| • Cognitive impairment     | • Post Radical Prostatectomy |

## 18. Coloplast Catheter Valve

Supplier	Product	Pack	Price	Code	Usual Quantity	Review Period
Coloplast	Simpla Catheter Valve	10	£2.61	CV3808	1 per week	When catheter is due to be changed

## 19. Bard Flip-Flo Catheter Valve

Supplier	Product	Pack	Price	Code	Usual Quantity	Review Period
Bard	Flip -Flo Catheter Valve	5	£2.58	BFF5	1 per week	When catheter is due to be changed

## **Catheter Drainage Bags**

### **Leg Bags**

- Leg bags may be worn in different positions on the leg, i.e. inside thigh/calf, which is an individual choice, and this will determine the length of the inlet tube.
- Leg bags should be changed every 5-7 days (manufacturer's recommendation).
- Maintaining a closed drainage system (i.e. not removing the leg bag when attaching a night bag) reduces the risk of infection.
- The leg bag must remain connected to the catheter and linked to the night bag if additional drainage capacity is required overnight.
- Simpla Plus leg bags with two step safety lock and anti-kink tubing may be helpful for some patients.

**No more than one box of ten should be issued alternate months (6 x10 boxes per year).**

Community and General Hospitals who order via Oracle will only be able to order Coloplast Simpla leg bags and Careline night bags. However on discharge patients can access the following formulary on FP10 to ensure ease of use and cost effective prescribing.

Please note that for community hospital and general hospital setting the only bags available to order via oracle are **Unomedical 2000ml Night Bag with Non Return Valve – T-Tap or Lever Tap** or Coloplast see below.

We advised that once a patient is discharged they can use either Prosys or Coloplast bags via FP10 as the most cost effective solution

## 20. Prosys Drainage Bags

Supplier	Product	Size	Pack Size	Price Per Item	Code	Usual quantity	Review period
Prosys	Urine Bag with T-Tap Long	350ml	10	£2.55	P350L	1 pack alternate months	When catheter is due to be changed
		500mls			P500L		
		750mls			P750L		
	Urine Bag with T-Tap Short	350mls			P350S		
		500mls			P500S		
		750mls			P750S		
	Urine Bag with Lever- Tap Long	500mls			P500L-LT		
	Urine Bag with Lever- Tap Short	500mls			P500S-LT		

## 21. Coloplast Simpla Profile Bag

Supplier		Size	Pack Size	Price	Code	Usual Quantity	Review Period
Coloplast	Simpla Profile Urine Bag	350ml 6cm tube	10	£2.93	21563	1 pack alternate months	When catheter is due to be changed
		350ml 25cm tube	10	£2.93	21564		
		500ml 6cm tube	10	£2.92	21573		
		500ml 25cm tube	10	£2.92	21574		
		750ml 6cm tube	10		21593		
		750ml 25cm tube	10	£3.02	21594		
			10	£2.96			

Only to be used with a sheath- 500ml 50cm tube 21584 £2.92 10 bags

## 2 litre Night Bags

These are suitable for the collection of urine from indwelling catheters or urinary sheaths.

Single use 2 litre bags (single use with single use tap)

- Should always be used attached to a leg bag each night for infection control reasons. Bags should not be re-used and a new bag be used every night for patients with a catheter.

### 22. Prosys Non-sterile 2L single use night bag with drainable single use tap

Supplier	Product	Size	Pack	Price	Code	Usual Quantity	Review Process
Prosys	2 litre Night Bags Non Sterile with Drainable Tap	2 Litre	10	£0.30	PSU2	30 per month	When catheter is due to be changed

## Drainable 2 litre Night Bags

- Drainable 2 litre bags should be used directly attached to the catheter for bed bound patients who do not require a leg bag. These bags have taps to allow for regular emptying and require changing every 5-7 days.
- These bags are also suitable for use with a sheath system for overnight collection of urine

### 23. Prosys Sterile 2 Litre bag

Supplier	Product	Size	Pack	Price	Code	Usual Quantity	Review Process
Prosys	Profile 2 Litre Sterile Night bag with 90cm inlet tube, non-return valve, sample port connector, slide outlet tap	2 Litre	10	£1.20	P2000	1 pack alternate months	When catheter is due to be changed

### 24. Coloplast 2 Litre Night Bag

Supplier	Product	Size	Pack	Price	Code	Usual Quantity	Review Process
Coloplast	Simple profile 2 Litre Sterile Night bag with lever tap and 120cm anti-kink tubing	2 Litre	10	£1.69	21578	1 pack alternate months	When catheter is due to be changed

- **General catheter Advice**

- The position of the bag should be below bladder level to enhance drainage and be directly connected to the leg bag to maintain a closed system but not more than 30cm below as can have a negative effect and cause suction to the bladder mucosa and cause blockage to the catheter.
- 2 litre drainable bags should be used in conjunction with a catheter stand, available from CliniSupplies (not available on FP10) if using this product.

### **Urine Bags with Restricted use: SPECIAL REQUESTS ONLY**

These bags are specifically for patients who have a large diuresis at night

Supplier	Product	Size	Pack	Price	Code	Usual Quantity	Review Process
Linc Medical	Linc-Flo 3 Litre Drainage bag	3Litre	10	£0.52	LM3LS	30 per month	When catheter is due to be changed

These bags are specifically for patients who are unable to use a leg bag for example wheelchair user or amputation of lower limb or patients with balance issues

Supplier	Product	Size	Pack	Price	Code	Usual Quantity	Review Process
Teleflex	Rusch Belly Bag Short outlet tube	1 Litre	1	£10.62	B1000	1 per month	When catheter is due to be changed
	Rusch Belly Bag 60cm outlet tube	1 Litre	1	£10.62	B1000CT	1 per month	When catheter is due to be changed
	Rusch Belly Bag with sample port	1 Litre	1	£10.62	B1000P	1 per month	When catheter is due to be changed

### **Catheter Accessories/Securing Devices**

- It is extremely important that both the catheter and leg bag is well supported to reduce traction and trauma to the bladder neck/urethra.
- Leg bag holders can be used as an alternative or alongside leg straps. These are particularly good for frail skin, or problems with straps digging into or rubbing against legs as they distribute the weight of the urine more uniformly.
- The G strap can be used as a retaining strap which secures the tubing or catheter firmly and

comfortably against the leg acting as a shock absorber for all indwelling catheters.

- G straps are washable and reusable. Pack of 5 G straps should last four to six months.

**25. Prosys Leg Bag Sleeve**

**26. Bard Urisleeve**

**27. Prosys Additional Bag Straps**

**28. Coloplast Simpla G strap**

Supplier	Brand	Size	Pack	Price	Code	Usual Quantity	Review Process
Prosys	Leg Bag Sleeve	Small	4	£1.88	PLS3881	2-3 packs per year	At Each Catheter Change
		Medium			PLS3904		
		Large			PLS3928		
Bard Urisleeve	Urine drainage bag holder	Small	4	£2.00	150111		
		Medium	4	£2.00	150121		
		Large	4	£2.00	150131		
Prosys	Prosys - Additional bag straps		10	£1.27	P10LS		
Coloplast	Simpla G Strap - catheter securing strap (standard size)		5	2.78	383001		
Coloplast	Simpla G Strap - catheter securing strap (Abdominal)		5	£3.06	383003		

**Catheter Maintenance Solutions**

- There should be a clinical rationale for use.
- Should only be considered for short-term use, to treat indwelling catheters for prevention of encrustation, or to dissolve crystal formation prior to removal of catheter to prevent urethral trauma.
- Monitoring pH will help identify the need for, and the type of solution required.
- Citric acid should only be used for those patients who have a consistently high pH of 6.8 and above.
- It is good practice to cut open the catheters on removal, from those patients where blocking is a problem to see if the lumen is blocked by sediment deposit.
- Two sequential instillations of a small volume are more effective than a single administration (Getliffe 2000).

- 29. Urotainer NaCL 0.9%
- 30. Urotainer Twin Suby G
- 31. Urotainer twin solution R

Supplier	Product	Size	Pack	Price	Code	Usual Quantity	Review Process
BBraun	Urotainer NaCL 0.9%	50ml		£3.48	FB99849	Dependant on clinical indication Patient specific	Monthly
	Urotainer twin Suby G (3.23% citric acid)	2 x 30ml		£4.76	9746609		
	Urotainer twin Solution R (6.0% citric acid)	2 x 30ml		£4.76	9746625		

## Urinary Sheaths

- Can offer a valuable alternative method of urinary incontinence management for men.
- It is important to accurately assess for type and size of sheath using manufacturers measuring device.
- It is recommended that sheaths are changed on a daily basis so over ordering more than one box of thirty per month may indicate poor fit - refer to continence team for advice.

### 32. Bard Clear Advantage with Aloe Vera

Supplier	Brand	Size	Pack	Price	Code	Usual quantity	Review Process
Bard	Clear Advantage with Aloe Vera Style 1 Standard length	24mm	30	£1.67	1243	One pack of 30 per month	As required
		28mm			1283		
		32mm			1323		
		36mm			1363		
	Clear Advantage with Aloe Vera Style 2 Shorter length	24mm	30	£1.68	2243	One pack of 30 per month	As required
		28mm			2283		
		32mm			2323		
		36mm			2363		
	Clear Advantage with Aloe Vera Style 3 Standard length	24mm	30	£1.68	3243	One pack of 30 per month	As required
		28mm			3283		
		32mm			3323		
		36mm			3363		



### 33. Conveen Optima Sheath

Supplier	Brand	Size	Pack	Price	Code	Usual quantity	Review Process
Coloplast	Conveen Optima Short	21mm	30	£1.67	22121	One pack of 30 per month	As required
		25mm			22125		
		30mm			22130		
		35mm			22131		
	Conveen Optima Standard	25mm	30	£1.67	22025	One pack of 30 per month	As required
		30mm			22030		
		35mm			22035		
		40mm			22040		

### 34. Clinimed Bio-Derm Male Continence Device

Supplier	Product	Pack	Price	Code	Usual Quantity	Review Period
Clinimed	Bio-derm male continence device	10	£8.27	20026	One every 2-3 days 1-2 packs a month	As required

### 35. Manfred Sauer P Sure Latex Free Sheath

Supplier	Brand	Size	Pack	Price	Code	Usual quantity	Review Process
Manfred Sauer	Latex Free Self Adhesive Sheath P-Sure	18mm	30	£1.55	97.18	One pack of 30 per month	As required
		20mm			97.20		
		22mm			97.22		
		24mm			97.24		
		26mm			97.26		
		28mm			97.28		
		30mm			97.30		
		32mm			97.32		
		35mm			97.35		
		37mm			97.37		
		40mm			97.40		

## **Urinals**

- These may be used for patients who have functional incontinence.
- These should be used as part of their treatment or management plan.

These can be self-purchased or can be sourced via Community Equipment stores  
(Excluding care homes)

More specialist Urinals available on FP10

### **Beam Bridge Female Urinal Tap**

Code 6-18T contact 01783 571928

### **Beam Bridge Male Funnels**

For patients with retracted penis and spraying of urine

Large code 6-35

Adult code 6-37

Youth code 6-38

### **Retracted Penis Pouch**

(Box of 10)

Ordering code 9873

Samples call Hollister on: 0800592 202 [www.hollister.com](http://www.hollister.com)

### **Vernagel**

Absorbs urine into a gel can be used with a urinal

One sachet absorbs 350mls of urine

Order code 322-9184 – box of 100 sachets

Call; 01204 529494 to request a samples pack from Vernacare

[www.verncare.com](http://www.verncare.com)

***Please risk assess whether this is suitable in view of risks associated with ingestion***

### **Uribag**

Ordering code URlbag male

ManfredSauer call 08701904100

## **Rectal Appliances and Rectal Irrigation**

Rectal irrigation must not be commenced without an assessment and consultation of a Continence Nurse Specialist who will decide on the most appropriate irrigation system or device.

1 first line Qufora for management of faecal incontinence and constipation.

2 Second line The Iry pump for people with Dexterity issues however all other Qufora systems must have been considered and the patient is committed to using the system long term.

3 Third line Persistent – for spinal patients or patients who cannot be managed without a balloon system. Used for patients where the carer is administration the treatment where Qufora has not been effective Products for rectal irrigation are

- Persiteen by Coloplast
- Qufora by McGreggor
- Iry Pump by B Braun

Please contact the Continence Service for advice

## **Anal Plugs**

For the management of faecal leakage

Small (box of 20) Code 1450

Large (box of 20) Code 1451

For samples call Coloplast on 0800 132 787

[www.Coloplast.co.uk](http://www.Coloplast.co.uk)

**There is a wide range of products available on FP10 for further advice and support contact the local Continence Service.**

### **Appendices**

1. Continence Appliance Request Form
2. Continence Appliance EMIS web codes Reference – for ordering of Continence Appliances via FP10

### **Local Contacts:**

**Shropshire CCG Primary Care Support Team Medicines Optimisation Team**

**William Farr House**

**Mytton Oak Road**

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**SY3 8XL**

**01743 277557**

**Telford CCG Medicine Management Team**

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**01952 580439**

## **References**

- Shropshire Community Health NHS Trust Indwelling Urinary Catheterisation Policy including Guidelines for Good Practice in Adults and Catheter Care Pathway Guidelines
- Clinisupplies-freephone 0800 0854957 For prosys bed bag stand
- Department of Health - Drug Tariff July 2017 online version
- NICE Guidelines 139 (2012) Prevention and Control of Healthcare associated infections in primary and community care
- Nice Guidelines 171 (2013) The management of urinary incontinence in Women
- NICE Guidelines Lower urinary tract symptoms in men overview updated 2015
- RCN Guidelines (2012) Catheter care – RCN guidance for Nurses